

## SoupR BOWL COZY

Terry Liann Morris – SailingKnitter

This bowl shaped hot pad is designed to be used with your microwave safe bowls to provide a structure for you to hold when your food is hot. Lift the edges of the cozy up and out on two sides to safely transport your meal to the table. Of course you can use these on other bowls – just set the bowl in the cozy and add your hot food. These can also be used to keep ice cream cold in the summer time!

### Materials

200 yds 100% COTTON worsted weight yarn such as Lily Sugar 'n Cream (takes more than one ball). Do NOT use acrylic or wool as they are a fire hazard in a microwave!

US size 5 (3.75 mm) Circular needle

Double point needles (or 2 circs) for bottom finishing

4 Stitch markers

Waste yarn if using the provisional cast on method

### Sizes

7" Diameter

### Gauge

5 sts = 1" over stockinette stitch

### Notes

1. To prevent burns and hold the temperatures better, this cozy is constructed of two identical pieces which are joined together to form a reversible double thickness.
2. Choose a cast on method depending on how you want to join and finish the edges of the two pieces (layers) you will make.
  - a. Provisional cast on: More time consuming but produces a nice finished look + no sewing required.
  - b. Regular cast on: Faster to get started, but will require hand whip stitching, or crochet edging the two pieces together.
3. In the instructions the term "slip 2, k1, p2sso" is a double decrease: Slip the next 2 sts as if to knit, knit 1 st, pass the 2 slipped sts back over the knit st. You will have decreased 2 sts.
4. You can easily make this cozy larger by using larger needles, and deeper by increasing the length you knit before working Bowl Bottom Decreases!

### COZY BOWLS – MAKE 2

Using either a provisional cast on or your normal cast on method (see note 2), cast on 116 sts. Join to knit in the round taking care not to twist sts. Place marker to indicate beginning and end of rnds.

**Rnd 1:** knit around

**Rnd 2:** \*k26, slip 2, k1, p2sso, place marker. Repeat from \* 3 more times for a complete rnd omitting the last marker as it has already been placed to indicate the end of the rnd



**Rnd 3:** knit around

**Rnd 4:** \*knit to 3 sts before marker, slip 2, k1, p2sso. Repeat from \* 3 more times for a complete rnd  
Repeat **Rnds 3 & 4** only 3 more times. You will have 76 sts

Knit all rnds even until piece measures 2 ½" from cast on edge as measured from a flat side (not a point).

### **BOWL SHAPING DECREASES**

**Rnd 1:** \*knit to 2 sts before marker, k2tog, remove marker. Repeat from \* 3 more times but do not remove the end of rnd marker

**Rnd 2:** knit around

**Rnd 3:** \*k7, k2tog, repeat from \* 7 more times

**Rnd 4:** knit around

**Rnd 5:** \*k6, k2tog, repeat from \* 7 more times

**Rnd 6:** knit around

**Rnd 7:** \*k5, k2tog, repeat from \* 7 more times

**Rnd 8:** knit around

**Rnd 9:** \*k4, k2tog, repeat from \* 7 more times

**Rnd 10:** knit around

**Rnd 11:** \*k3, k2tog, repeat from \* 7 more times

**Rnd 12:** knit around

**Rnd 13:** k2, k2tog, repeat from \* 7 more times

**Rnd 14:** knit around

**Rnd 15:** \*k1, k2tog, repeat from \* 7 more times

**Rnd 16:** k2tog 8 times. You will have 8 sts remaining

Cut yarn leaving a 10" tail. Using a tapestry needle, thread yarn through the remaining 8 sts. Pull together snugly and secure well darning in center yarn end to wrong side.

### **ASSEMBLY & FINISHING**

Place one bowl inside the other with wrong sides touching and right sides facing outwards towards you. Align the 4 pointy corners and beginning/ending of rnds somewhat together. This is also your opportunity to use a contrasting color yarn if desired.

**For bowls started with a normal cast on method:** Thread a length of yarn onto a tapestry needle and carefully whip stitch or weave the two cast on edges together. You may also use a simple or fancy crochet edging of your choice.

**For bowls started with a provisional cast on method:** Carefully remove the waste yarn from one bowl piece and place all 116 sts onto the circular needle. From the second bowl carefully remove the waste yarn from a portion of the sts and place onto a double point needle or second circular needle. Working with the circular needle, knit 2 sts together taking one from the first piece and one from the second piece. Release additional sts from the waste yarn in groups as needed. When all 116 sts are on one circular needle, bind off. You may also use a simple or fancy crochet edging instead of the bind off.

Weave in yarn ends. Enjoy!

©Copyright Terry Liann Morris 2019

<http://www.ravelry.com/designers/terry-morris>

Questions? Comments? eMail: [sailingknitter@yahoo.com](mailto:sailingknitter@yahoo.com)

SoupR Bowl Cozy, page 2