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Materials

- US Size 8 (5.0 mm) circular needles (16")
- DK (#3) weight yarn
 - Regular Size = 822 yards (I used 6 balls of Paintbox DK cotton)
 - Large Size = 920 yards
- Yarn Needle
- Removable Stitch Markers

Measurements

Regular Size

- Back Panel: approx: 23" wide, 28.75" long
- Front Panels: 8" wide, 28.75" long
- Arms: widest around:15.5", approx: 9.8" long

Larger Size

- Back Panel: approx: 25" wide, 28.75" long
- Front Panels 9" wide, 28.75" long
- Arms: widest around 16.7", approx: 9.8" long

Gauges

- Blocked Stockinette
 - -14.25 sts / 22 rows = 4"
- Blocked Lace Pattern (see next page)
 - -17.5 sts/25 rows = 4"

Tutorials Included

- Shoulder Seam: http://bit.ly/ShoulderSeam
- Mattress Seam: http://bit.ly/MattressSeam

Abbreviations

- K = Knit (K3 = knit 3)
- P = Purl (P5 = purl 5)
- CO = Cast on
- PSSO = Pass slipped stitch over (decrease)
- YO = Yarn over
- K2TOG = Knit 2 stitches together
- SL1 = Slip 1 stitch (purl-wise, without twisting it)
- RP = Repeat
- PM = place marker
- MM = move marker

Lace Swatch

- CO a multiple of 8 + 3
- Row 1 (RS): K1, *K2TOG, K1 YO, K1, SL1, K1, PSSO, K2 repeat from * to 2sts: K2
- Row 2: Purl All
- Row 3: *K2TOG, K1, [YO, K1] repeat 2x, SL1, K1, PSSO, repeat from * to 3sts: K3
- Row 4: Purl All
- Row 5: K2, *YO, K3, YO, K1, SL1, K1, PSSO, K1, repeat from * to 1st: K1
- Row 6: Purl All
- Row 7: K4, *K2TOG, K1, YO, K1, SL1, K1, PSSO, K2, repeat from * to 7sts: K2TOG,
 K1, YO, K1, SL1, K1, PSSO, K1
- Row 8: Purl All
- Row 9: K3, *K2TOG, K1, [YO, K1] repeat 2x, SL1, K1, PSSO, repeat from * to end
- Row 10: Purl All
- Row 11: K2, *K2TOG, K1, YO, K3, YO, K1, repeat from * to 1 st: K1
- Row 12: Purl All

Front Left Panel (Left when worn)

- Note: the stitch count for the lace
 portion of the panel will be off on some
 rows, that is normal. It will return to
 the right number by the end of the
 repeat.
- Cast On: REG: 32sts, LG: 35sts
- **Rows 1-7**: Knit all
- Row 8: K3, Purl to end of row
- Row 9: Knit all
- Row 10: K3, place marker, P11, place marker, Purl to the end of the row
- Row 11: Knit to first marker, MM, K1,
 K2TOG, K1 YO, K1, SL1, K1, PSSO, K4,
 MM, K3
- Row 12: K3, Purl to end of row
- Row 13: Knit to first marker, MM,
 K2TOG, K1, [YO, K1] repeat 2x, SL1,
 K1, PSSO, K3, MM, K3
- Row 14: K3, Purl to end of row
- Row 15: Knit to first marker, MM, K2,
 YO, K3, YO, K1, SL1, K1, PSSO, K2, MM,
 K3

- Row 16: K3. Purl to end of row
- Row 17: Knit to first marker, MM, K4,
 K2TOG, K1, YO, K1, SL1, K1, PSSO, K1,
 MM, K3
- Row 18: K3, Purl to end of row
- Row 19: Knit to first marker, MM, K3,
 K2TOG, K1, [YO, K1] repeat 2x, SL1,
 K1, PSSO, MM, K3
- Row 20: K3, Purl to end of row
- Row 21: Knit to first marker, MM, K2,
 K2TOG, K1, YO, K3, YO, K2, MM, K3
- Row 22: K3, Purl to end of row
- Repeat rows 11-22 11 more times each (a total of 132 more rows) ending on a row 22 repeat.
- **Row 155**: Knit all
- Row 156: K3, Purl to end of row
- **Row 157**: Knit all
- Row 158: Purl all
- Bind off all stitches

- Note: the stitch count for the lace
 portion of the panel will be off on some
 rows, that is normal. It will return to
 the right number by the end of the
 repeat.
- Cast On: REG: 32sts, (LG: 35sts)
 - Row 10, if making the larger size pay attention to the number in parentheses.
- Rows 1-7: Knit all
- Row 8: Purl to 3sts: K3
- Row 9: Knit all
- Row 10: Purl 18 (21), place marker, Purl 11, place marker, K3
- Row 11: K3, MM, K1, K2TOG, K1 YO,
 K1, SL1, K1, PSSO, K4, MM, Knit to end of row.
- **Row 12:** Purl to 3sts: K3
- Row 13: K3, MM, K2TOG, K1, [YO, K1]
 repeat 2x, SL1, K1, PSSO, K3, MM, Knit to end of row.
- Row 14: Purl to 3sts: K3
- Row 15: K3, MM, K2, YO, K3, YO, K1,
 SL1, K1, PSSO, K2, MM, Knit to end of row,

- Row 16: Purl to 3sts: K3
- Row 17: K3, MM, K4, K2TOG, K1, YO,
 K1, SL1, K1, PSSO, K1, MM, Knit to end of row,
- **Row 18**: Purl to 3sts: K3
- Row 19: K3, MM, K3, K2TOG, K1, [YO, K1] repeat 2x, SL1, K1, PSSO, MM, Knit to end of row.
- **Row 20**: Purl to 3sts: K3
- Row 21: K3, MM, K2, K2TOG, K1, YO,
 K3, YO, K2, MM, Knit to end of row,
- Row 22: Purl to 3sts: K3
- Repeat rows 11-22 11 more times each (a total of 132 more rows) ending on a row 22 repeat.
- Row 155: Knit all
- **Row 156:** Purl to 3sts: K3
- **Row 157**: Knit all
- Row 158: Purl all
- Bind off all stitches

- Cast On: REG: 89sts, LG: 95sts
- **Rows 1-7**: Knit all
- Row 8: Purl all
- Row 9: Knit all
- Row 10: REG: (Purl 27, PM, Purl 35,
 PM, Purl 27), LG: (Purl 30, PM, Purl 35,
 PM, Purl 30)
- Row 11: Knit to first marker, MM, K1,
 *K2TOG, K1 YO, K1, SL1, K1, PSSO, K2
 repeat from * to 2sts before marker,
 K2, MM, Knit to end of row
- Row 12: Purl all
- Row 13: Knit to first marker, MM,
 *K2TOG, K1, [YO, K1] repeat 2x, SL1,
 K1, PSSO, repeat from * to 3sts before marker, K3, MM, Knit to end of row
- Row 14: Purl all
- Row 15: Knit to first marker, MM, K2,
 *YO, K3, YO, K1, SL1, K1, PSSO, K1,
 repeat from * to 1st before marker, K1,
 MM, Knit to end of row
- Row 16: Purl all

- Row 17: Knit to first marker, MM, K4,
 *K2TOG, K1, YO, K1, SL1, K1, PSSO, K2,
 repeat from * to 7sts before marker,
 K2TOG, K1, YO, K1, SL1, K1, PSSO, K1,
 MM, Knit to end of row
- Row 18: Purl all
- Row 19: Knit to first marker, MM, K3,
 *K2TOG, K1, [YO, K1] repeat 2x, SL1,
 K1, PSSO, repeat from * to the marker,
 MM, Knit to end of row
- Row 20: Purl all
- Row 21: Knit to first marker, MM, K2,
 *K2TOG, K1, YO, K3, YO, K1, repeat
 from * to 1 st before marker: K1, MM,
 Knit to end of row
- Row 22: Purl all
- Repeat rows 11-22 11 more times each (a total of 132 more rows) ending on a row 22 repeat.
- **Row 155:** Knit all
- Row 156: Purl all
- Row 157: Knit all
- **Row 158:** Purl all
- Bind off all stitches

Seaming PAGE 6

Seaming:

- Lay your back panel flat with the WS up and lay your front panels on top of it (with the RS facing up), lining up the bind off edges.
- Make sure the panels are placed right, the right panel when worn will be the panel on the left side when you're laying it down flat on the ground.
- Seam your shoulders closed.
- Mattress seam up the side until you have:
 - **Regular Size:** 45 rows down from the shoulder seam **on each side**, about 8.2" arm opening, but go by row count.
 - Larger Size: 48 rows down from the shoulder seam on each side, about 8.75" arm opening, but go by row count.

Picking Up Stitches

- **Regular Size:** Starting at the bottom of the arm hole, where your mattress seam ended. PU 2 of every 3 stitches around: Picking up 60sts total.
- Larger Size: Starting at the bottom of the arm hole, where the mattress seam ended.
 PU 2 of every 3 stitches around: Picking up 64sts total.

Lace Repeats for Sleeves

- **RP 1:** K1, *K2TOG, K1 YO, K1, SL1, K1, PSSO, K2 repeat from * to 2 sts: K2
- RP 2: *K2TOG, K1, [YO, K1] repeat 2x, SL1, K1, PSSO, repeat from * to 3 sts: K3
- RP 3: K2, *YO, K3, YO, K1, SL1, K1, PSSO, K1, repeat from * to 1 st: K1
- **RP 4**: K4, *K2TOG, K1, YO, K1, SL1, K1, PSSO, K2, K2TOG, K1, YO, K1, SL1, K1, PSSO, K1
- RP 5: K3, *K2TOG, K1, [YO, K1] repeat 2x, SL1, K1, PSSO, repeat from * to end
- RP 6: K2, *K2TOG, K1, YO, K3, YO, K1, repeat from * to 1 st: K1

Arms PAGE 7

- Refer to Lace repeats above
- Join in the round, decreasing 1 st (REG: 59sts left, LG: 63sts)
- Row 1: REG (K20, PM, K19, PM, K20),
 LG (K22, PM, K19, PM, K23)
 - Use different colored markers than the marker for the start of the round.
- Row 2: Knit to first marker, Work RP 1
 to 2nd marker, MM, Knit to end of row
- Row 3: Knit All
- Row 4: Knit to first marker, Work RP 2
 to 2nd marker, MM, Knit to end of row
- Row 5: K2, K2TOG, Knit to 4 before the end of the row: SSK, K2 (REG: 57sts, LG: 61sts)
- Row 6: Knit to first marker, Work RP 3
 to 2nd marker, MM, Knit to end of row
 Row 7: K2, K2TOG, Knit to 4 before the
 end of the row: SSK, K2 (REG: 55sts,
 LG: 59sts)
- Row 8: Knit to first marker, Work RP4
 to 2nd marker, MM, Knit to end of row
- Row 9: K2, K2TOG, Knit to 4 before the end of the row: SSK, K2 (REG: 53sts, LG:57sts)
- Row 10: Knit to first marker, Work RP5
 to 2nd marker, MM, Knit to end of row

- Row 11: Knit all

- Row 12: Knit to first marker, Work RP6
 to 2nd marker, MM, Knit to end of row
- Row 13: Knit all
- Row 14: Knit to first marker, Work RP1 to 2nd marker, MM, Knit to end of row.
- Row 15: Knit All
- Row 16: Knit to first marker, Work RP2
 to 2nd marker, MM, Knit to end of row
- Row 17: Knit all
- Row 18: Knit to first marker, Work RP3
 to 2nd marker, MM, Knit to end of row
- Row 19: Knit all
- Row 20: Knit to first marker, Work RP4 to 2nd marker, MM, Knit to end of row
- Row 21: Knit all
- Row 22: Knit to first marker, Work RP5
 to 2nd marker, MM, Knit to end of row
- Row 23: Knit all
- Row 24: Knit to first marker, Work RP6
 to 2nd marker, MM, Knit to end of row
- Row 25: Knit all

Arms (2) PAGE 7

- Row 26: Knit to first marker, Work RP1
 to 2nd marker, MM, Knit to end of row
- Row 27: K2, K2TOG, Knit to 4 before the end of the row: SSK, K2 (REG: 51sts, LG: 55sts)
- Row 28: Knit to first marker, Work RP2
 to 2nd marker, MM, Knit to end of row
- Row 29: K2, K2TOG, Knit to 4 before the last marker: SSK, K2 (REG: 49sts, LG: 53sts)
- Row 30: Knit to first marker, Work RP3
 to 2nd marker, MM, Knit to end of row
- Row 31: Knit all
- Row 32: Knit to first marker, Work RP4
 to 2nd marker, MM, Knit to end of row
- Row 33: Knit all
- Row 34: Knit to first marker, Work RP5
 to 2nd marker, MM, Knit to end of row
- Row 35: Knit all
- Row 36: Knit to first marker, Work RP6
 to 2nd marker, MM, Knit to end of row

- Row 37: Knit all
- Repeat rows 26-37— 1 more time through (12 more rows total). You should have REG: 45sts, LG: 49sts left at the end)
- Rows 50-51: Knit all
- Rows 52-54: Purl all
- Bind off
 - I prefer to P2, then pull the 1st stitch over the 2nd and off, binding off 1 and repeating that to the end. (But you can use whatever bind off you like)
- Repeat for the other sleeve.
- Weave in your ends and enjoy!