

HUG ME SOCKS

By Terry Liann Morris – SailingKnitter

Hand-dyed, painted and variegated sock yarns are often so colorfully busy that any knitting stitch patterning simply disappears. These special yarns require a more simplistic approach such as the easy knit and purl combination used in these socks. The bonus is that this patterning makes a stretchy sock that wants to hug your leg and foot. Heel construction is the traditional flap & gusset method.

Sizes (2)

Women's Medium (Women's Large/Men's Medium)

Materials

300 (375) yards fingering or sock weight yarn
Set US Size 1 (2.25) double point needles *or size needed to obtain gauge*

Gauge

8.5 sts = 1" over stockinette stitch

Note

Instructions are given for working on double point needles. For working on 2 circular needles or "magic loop" divide your stitches with 30 (34) on the first needle and 30 (38) on the other. This will ensure that the patterning for the future heel flap begins and ends with k2 and the future instep begins and ends with p2.

CUFF

Cast on 60 (72) sts. Join into the round, being careful that the stitches are not twisted.
Work 2x2 ribbing (k2, p2) until cuff measures 1 ½" from cast on edge.

LEG

Work from Hug Me Chart or line-by-line instructions. Repeat the 4 sts of the chart 15 (18) times per round. Repeat the four lines of the chart until leg measures approx. 7" (7 ½") **ending after working a round #2.**

				4
				3
■	■			2
■	■			1
4	3	2	1	

□	Knit
■	Purl



Hug Me line-by-line Instructions:

Rnds 1 and 2: *(k2, p2), repeat from * to end of round

Rnds 3 and 4: knit

HEEL

The heel flap is worked flat (back and forth) in 2 x 2 ribbing.

Set Up: *(k2, p2) 7 (8) times, k2. Stop. The last 30 (34) only are your heel flap sts. Rearrange all of the remaining 30 (38) sts divided onto 2 needles. These are your instep and will wait to be worked later. Turn work.

Heel Stitch Pattern

Row 1 (Wrong Side): slip 1, p1, *(k2, p2) repeat from * to end of row

Row 2 (Right Side): slip 1, k1, *(p2, k2) repeat from * to end of row

Repeat these 2 rows until you your heel flap is 2" (2 ½") long ending after working a wrong side row.

TURN HEEL

Row 1 (Right Side): Slip 1, k16 (18), SSK, k1, turn. You will leave 10 (12) sts un-worked

Row 2: Slip 1, p5, p2tog, p1, turn

Row 3: Slip 1, k6, SSK, k1, turn

Row 4: Slip 1, p7, p2tog, p1, turn

Row 5: Slip 1, k8, SSK, k1, turn

Row 6: Slip 1, p9, p2tog, p1, turn

Row 7: Slip 1, k10, SSK, k1, turn

Row 8: Slip 1, p11, p2tog, p1, turn

Row 9: Slip 1, k12, SSK, k1, turn

Row 10: Slip 1, p13, p2tog, p1, turn

Row 11: Slip 1, k14, SSK, k1, turn

Row 12: Slip 1, p15, p2tog, p1, turn

Women's Medium Size only

Knit across all 18 sts remaining on heel flap.

Women's Large/Men's Medium Size only

Row 13: Slip 1, k16, SSK, knit 1. Turn

Row 14: Slip 1, p17, p2tog, purl 1. Turn

Knit across all 20 sts remaining on heel flap.

Gussets Both Sizes

With right side facing and the same needle, pick up and knit 15 (17) stitches along one edge of heel flap, plus make one stitch by lifting a strand at the "corner" between the heel flap and the instep stitches.

Next needle (instep): Knit all 30 (38) sts onto one needle. This is Round #3 of Hug Me patterning which will continue down the top of the foot only. The bottom of the foot is stockinette stitch (knits only).

With free needles, make one stitch by lifting a strand at the “corner”, and continue to pick up and knit 15 (17) stitches along the other side of the heel flap. With these same needles, knit across 9 (10) stitches on the heel flap. This is the center bottom of the foot and will be the new point where each future round begins and ends. You should now have 25 (28) sts on the first needle, 30 (38) sts on the instep needle and 25 (28) sts on the last needle.

Rnd 1: Knit sts on first needle. On Instep needle, work the next round of Hug Me patterning repeating 7 (9) times, work the first 2 sts of the Hug Me patterning. Knit sts on last needle.

Rnd 2 (decreases): knit to the last 3 stitches of the first needle, knit 2 together, knit 1. On Instep needle, continue working from the Hug Me patterning as established. On last needle, knit 1, SSK, knit to end.

Repeat these 2 rounds until you have 15 (17) stitches on the first and last needle (Instep needle will remain at 30 (38) sts. You will now have 60 (72) sts.

FOOT

Continue in established patterning (work the first and last needle in plain stockinette (knit all sts) and repeating Hug Me patterning for the instep, until foot measures 7” (8”) *or to about 2” less than desired length.*

TOE

The wedge style toe is worked in all stockinette stitch (no patterning).

Women’s Large/Men’s Medium Size only

Rearrange stitches by slipping one stitch from each end of the instep needle to the first and last needles so that you have 18 on the first needle, 36 on the second needle and 18 on the last needle.

All Sizes

Rnd 1: knit to the last 3 sts of the first needle, k2tog, k1. Next needle, k1, SSK, knit to last 3 sts, k2tog, k1. On last needle, knit 1, SSK, knit to end = 56 (68) sts.

Rnd 2: Knit

Repeat these two rounds until you have 32 sts remaining. Then work Rnd 1 only until there are 24 sts remaining. Continuing with the last needle, knit across the 6 sts remaining on the first needle. This will give you 12 sts each on 2 parallel needles. Graft (Kitchner) toe closed.

Weave in ends and block. Enjoy!