

KAMILA SOCKS

By Terry Liann Morris – SailingKnitter

These socks are knit from the cuff down and feature a flap and gusset style heel. The ribbed cuff is followed by a vertical lace pattern on the leg. A splash of stranded colorwork adorns the ankle area. After the heel gussets are completed it's an easy knit down to the toe. A couple of rows of stranded knitting accents the toe area.

Materials

375 (400) yds total fingering or sock weight yarn in 3 colors: Black (A) 50gr/225yds White B 25gr/110yds, and Red C only requires a few yards)

1 set US Size 1 (2.25mm) double point needles *or size needed to obtain gauge*

Sizes (2)

Women's Medium (Large)

Gauge

8.5 sts = 1" over stockinette st

Notes

1. You may choose to use a slightly larger needle size when working the stranded colorwork areas to prevent them from being overly tight.
2. Knitter's Choice: In the stranded colorwork area you will use the Red (Color C) for only 3 rnds. You may choose to loosely carry the White (Color B) down these 3 rnds to be used again, or break off the yarn and rejoin. I prefer to not carry down the unused yarn on socks due to potential problems with elasticity.
3. **M1 = Make 1** in the gap between the needles by picking up a strand with the left needle from front to back under that strand and then knitting through the back loop of the picked up stitch. This will twist the picked up stitch and close the hole.

CUFF

With Color A yarn, loosely cast on 60 (68) sts. Join into the round, being careful that the stitches are not twisted. Work 2x2 ribbing (k2, p2) until cuff measures 2" increasing 0 (2) sts in the last rnd = 60 (70) sts.

LEG

Rnd 1: Continuing with Color A, knit one rnd

Rnd 2: Join in Color B, *k1B, k1A, rep from * to end of rnd

Rnd 3: *k1A, k1B, rep from * to end of rnd. Break Color A.

Rnd 4: knit around

Rnd 5: knit around



ABBREVIATIONS

k	Knit
k2tog	Knit 2 together
p	Purl
Rep	Repeat
rnd	Round
RS	Right Side
ssk	Slip as to knit, Slip as to knit, Knit 2 together
WS	Wrong Side
yo	Yarn Over

LEG LACE Area

Begin working from KAMILA LACE chart or Line-by-line Instructions. Work the 10 sts of the chart 6 (7) times for a complete rnd. Work this lace pattern a total of 7 times (this will result in 56 rnds), *or to the length that you want.*

KAMILA LACE

			-	○	λ	-			
			-			-			
			-	○	λ	-			
			-			-			
			-	λ	○	-			
			-			-			
			-	λ	○	-			
			-			-			
10	9	8	7	6	5	4	3	2	1

LEGEND

□	Knit
-	Purl
○	Yarn Over
λ	SSK
Λ	K2tog

KAMILA LACE Line-by-line Instructions

Rnd 1: *k2, p1, k3, p1, k3, rep from * to end of rnd

Rnd 2: *k2, p1, yo, k1, k2tog, p1, k3, rep from * to end of rnd

Rnd 3: same as rnd 1

Rnd 4: *k2, p1, k1, yo, k2tog, p1, k3, rep from * to end of rnd

Rnd 5: same as rnd 1

Rnd 6: *k2, p1, ssk, k1, yo, p1, K3, rep from * to end of rnd

Rnd 7: same as rnd 1

Rnd 8: *k2, p1, ssk, yo, k1, p1, k3, rep from * to end of rnd

LEG Continuing: with Color B, knit 4 rnds.

LEG COLORWORK

Next Join in Color A, do not break Color B. and work the following 2 rnds.

Rnd 1:*k1A, k1B, rep from * to end of rnd

Rnd 2: *k1B, k1A, rep from * to end of rnd

Next: Break Color B, and continue to knit around 3 more rnds with Color A

For Small Size only: knit one more rnd.

For Large Size only: knit around Increasing 2 sts evenly spaced = 72sts.

Both Sizes: Continue the stranded knitting ankle accent: Select the method you prefer to work from: the chart or the line-by-line instructions. Join in Color C as instructed. You will only be knitting with 2 different colors of yarn at a time.

After completing the 9 rnds of this colorwork area, break Color B and continuing with Color A only knit 3 rnds.

For Small Size only: knit one more rnd.

For Large Size only: knit around Decreasing 2 sts evenly spaced = 70sts.

KAMILA

	●			9
●	●	●		8
	●			7
□		□		6
			□	5
□		□		4
	●			3
●	●	●		2
	●			1
4	3	2	1	

LEGEND

□	Color A
●	Color B
□	Color C

Rnd 1: *k2A, k1B, k1A, repeat from * to end of rnd

Rnd 2: *k1A, k3B, repeat from * to end of rnd

Rnd 3: *k2A, k1B, k1A, repeat from * to end of rnd

Rnd 4: Drop (or break) Color B. Join in Color C, *k1A, K1C, repeat from * to end of rnd

Rnd 5: *k1C, k3A, repeat from * to end of rnd

Rnd 6: *k1A, K1C, repeat from * to end of rnd

Rnd 7: Drop Color C. Pick up (or Join in Color B, *k2A, k1B, k1A, repeat from * to end of rnd)

Rnd 8: *k1A, k3B, repeat from * to end of rnd

Rnd 9: *k2A, k1B, k1A, repeat from * to end of rnd

After knitting the 4 rounds of Color A only upon completion of the colorwork area as instructed above (including increases and decreases for Size Large Only, begin heel set up.

Set up for Heel Medium Size Only: knit the next 29 sts all onto one needle. Stop. Turn work. Purl 29 sts. This is your heel flap.

Set up for Heel Large Size Only: knit the next 32 sts all onto one needle. Stop. Turn work. Purl 35 sts [these will be the 32 you just knit *plus* 3 from the next needle. All 35 sts should be on one needle. This is your heel flap.

Both Sizes: Rearrange the remaining 31 (35) sts evenly onto 2 needles to hold for the instep to be worked later. You will have 60 (70) sts total still.

HEEL FLAP

Work the 2 rows of the following heel flap pattern until flap measures 2" (2 ¼") in length *ending after working a WS row*.

Heel Flap Pattern

Row 1 (RS): Slip 1 as to knit, k1, *slip 1 as to purl, k1, repeat from * to last st, k1.

Row 2 (WS): Slip 1 as to purl, purl to the end of the row

HEEL CUP

Row 1: slip 1, k16 (19), ssk, k1, turn. You will leave 9 (12) sts un-worked

Row 2: slip 1, p6, p2tog, p1, turn

Row 3: slip 1, k7, ssk, k1, turn

Row 4: slip 1, p8, p2tog, p1, turn

Row 5: slip 1, k9, ssk, k1, turn

Row 6: slip 1, p10, p2tog, p1, turn

Row 7: slip 1, k11, ssk, k1, turn

Row 8: slip 1, p12, p2tog, p1, turn

Row 9: slip 1, k13, ssk, k1, turn

Row 10: slip 1, p14, p2tog, p1, turn

Medium Size Only:

Row 11: slip 1, k15, ssk, turn

Row 12: slip 1, p15, p2tog, turn

Knit across all 17 sts remaining on heel flap.

Large Size Only:

Row 11: slip 1, k15, ssk, k1, turn

Row 12: slip 1, p16, p2tog, p1, turn

Row 13: slip 1, k17, ssk, k1, turn

Row 14: slip 1, p17, p2tog, p1, turn

Knit across all 21 sts remaining on heel flap.

GUSSETS

The foot is worked in Stockinette st (just knit sts).

Note: When picking up sts on the heel flap you pick up 1 st for each slipped stitch of the heel flap. Due to differences in each knitter's row gauge you may have fewer or more rows on your heel flap. If you have fewer rows, pick up the total number as called for in the instructions by putting 2 sts in some loops. If you have more rows, pick up 1 st for each row and note that you will have a higher total st count before the decreases.

Set up Round: Continuing with the heel flap needle, pick up and knit 15 (18) sts along edge of heel flap and Make 1 (see Note 3).

For Medium Size Only knit the first st of the next needle slipping it over to this first needle.

Both Sizes: With free needle, work the instep 30 (35) sts from the next two needles placing all these sts on one needle.

With a free needle work the sts on the last needle: Make 1, pick up and knit 15 (18) sts along remaining heel flap edge, finally knit 9 (11) sts from the heel flap needle. This is the center bottom of the foot and the beginning/ending of all rounds. Needles should be arranged with 25 (29) sts on first needle, 30 (35) second needle, and 25 (30) sts on third needle = 80 (94) sts.

Gusset Decreases

Rnd 1: Knit

Rnd 2 (decrease): Knit to last 3 sts on first needle, k2tog, k1. On next needle, knit all. On the last needle, k1, ssk, knit to the end of the needle.

Continue to work these 2 rnds of gusset decreases until you have 15 (17) sts remaining on the first needle, and 15 (18) remaining on the last needle for the sole. You will now have 60 (70) sts.

FOOT

Continue in stockinette st (knitting all rounds) until foot length measures approx. 7 (8) inches from the back of the heel *or until 1 $\frac{3}{4}$ (2 $\frac{1}{4}$) inches less than your total desired foot length.*

Toe Decreases

Rnd 1 (decrease): Knit to the last 3 sts on first needle, k2tog, k1, on second needle, k1, ssk, knit to the last 3 sts, k2tog, k1, on last needle, k1, ssk, knit to end of needle = 56 (66) sts

Rnd 2: knit

Rnd 3: knit

For Large Size Only: Extra decrease rnd: knit all on the first needle, second needle k1, ssk, *knit to the end of the needle.* On last needle, k1, ssk, knit to the end of the needle = 2 sts decreased = 64 sts.

Both Sizes

Rnd 4: same as Rnd 1 = 52 (60) sts

Rnd 5: Join in Color B, *k1B, k1A, rep from * to end of rnd

Rnd 6: *k1A, k1B, rep from * to end of rnd, Break off Color B

Repeat **Rnds 1 and 2** until you have 32 sts remaining.

Next work **Rnd 1** only two more times = 24 sts

Continuing with the last needle, knit across the 6 sts on the first needle = 12 sts each on 2 needles.

Graft (Kitchener stitch) the toe closed. Weave in ends.