



HAND Sleeves

a claire
garland
knitting
pattern



FINISHED SIZE Made to measure/ made to fit your own hands

YARN per pair - 1 ball of yarn any size/ type you like

NEEDLES suitable size to match your chosen yarn - As an example I used:

... for the chunky pair - 1 ball Katia Peru with 7mm needles (gauge over 5cm = 11rows, 6sts)

... for the embroidered pair - 1 50g ball Scheepjes DK Cotton with 3.75 needles
(gauge over 5cm = 20 rows, 11sts)

EXTRAS Blunt ended yarn needle, optional embroidery threads

Cast on 2sts

Row 1 inc) Kfb, k1 - 3sts

Row 2 inc) K1, kfb, k1 - 4sts

Row 3 inc) K2, yo, k2 - 5sts

Row 4 inc) K2, kfb into the yarn over, k2 - 6sts

Row 5 inc) K3, yo, k3 - 7sts

Row 6 inc) K3, kfb into the yarn over, k3 - 8sts

Row 7 inc) K4, yo, k4 - 9sts

Row 8 inc) K4, kfb into the yarn over, k4 - 10sts

Continue to increase one stitch per row working a yarn over (yo) in the middle of every odd numbered row and then on the following even numbered row knit into the front then into the back (kfb) of the yarn over to increase by one stitch - do this until one of the straight edges of the square measures comfortable around your palm, at the base of your fingers. Then cast off loosely.

As a guide - for the chunky knit pair I ended with K18, kfb, k18 - 38sts

TO MAKE UP

Gently ease the knitting into a square - if necessary blocking the knitting (however, I didn't need to with mine).

Look at the photograph to see which direction the diagonal runs for each hand then fold in half along one cast off edge and sew a single stitch to join the corners. Measure 4cm/ 1¾in down from that cast off edge and place a pin to mark the position - join the 2 edges at right angle to that cast on edge together with mattress stitch down to the pin. Secure and fasten off the yarn. From here measure space for the thumb - approx. 7cm/ 3in - place a pin to mark the position - join the edges together with mattress stitch from the pin to the cuff/ row end at the wrist. Secure and fasten off the yarn.

Weave in the ends.

If you choose - Embroider flowers or what-ever you wish onto the square - this is you canvas for creativity. For my simple flowers I used all 6 strands of lengths of embroidery thread and for each petal worked 3 straight stitches in a circle of 5 petals.

