

'NEON RHYTHM' SOCKS'

KNITTING TWO SOCKS AT-A-TIME
USING the MAGIC LOOP METHOD

#knittingponchik



© 2020 'NEON RHYTHM' SOCKS by Knitting Ponchik
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MATERIALS

3mm Circular Knitting Needles (80cm)

NEON GREEN YARN - 2 balls of 'Gründl Lisa Premium' (Colour 27) 100% Polyacryl (1 ball = 50g/133m)

Stitch Markers

Scissors

Tape Measure

TECHNIQUES YOU NEED TO KNOW

*Note: a full video tutorial on how to knit 'Neon Rhythm' Socks available for free on my Youtube channel 'Knitting Ponchik' at <https://youtu.be/ppZz5Seqkt8>

We are using Circular Needles for this project therefore we are knitting in 'Rounds' as opposed to knitting in 'Rows' (except for the sock heel which is knitted in rows). We are using two yarn balls at the same time (1 ball for each sock); it's really important to keep those two yarn balls separated at all times, used only for its corresponding sock.

As we are knitting these socks at the same time (except for the heel part which will be knitted individually), I will refer to these socks as sock 1 and sock 2. Sock 1 is the sock to your right when both socks have their Right Side facing you (where our main 'Magic Spikes Stitch' pattern will be knitted) and sock 2 is to your left. Both socks have side 1 (which is the front side where we are knitting our main 'Magic Spikes Stitch' pattern & our Right Side) and side 2 (the back of our socks for which we are using Stocking Stitch & also our Wrong Side).

Abbreviations

k - knit

p - purl

sts - stitches

Rnd - Round

YO - Yarn Over

MSS - Magic Spikes Stitch

k2tog - knit 2 stitches together

ktbl - knit through the back loop

KFB - knit through the front and the back (this is an increase stitch)

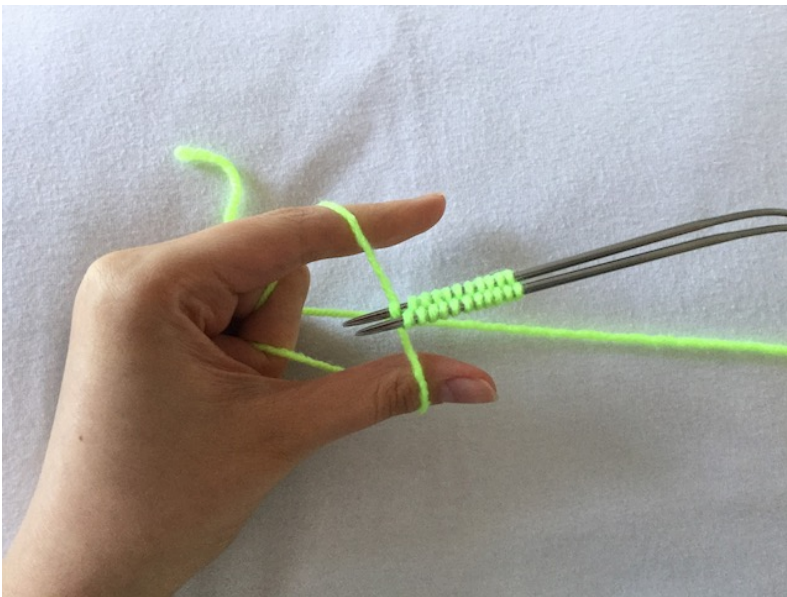
double stitch -

for a knit stitch: slip knitwise, push yarn upwards and forwards

for a purl stitch: push yarn upwards and back

* - work instructions following * as many times as indicated

Cast On



I am using a seamless 'Judy's Magic Cast-On' for this project. To make this cast-on, make a knot on your upper needle. Bringing the second needle next to the first and placing your thumb and index fingers in-between the working yarn and yarn end, bring the yarn end under & over the bottom needle, then bring the working yarn under & over the upper needle. Make sure your yarn end is long enough for this cast-on. For a video demonstration, check out my Youtube tutorial 'Judy's Magic Cast-on' on my channel 'Knitting Ponchik' at <https://youtu.be/r3de17S3DCA>

'Magic Spikes Stitch' or MSS

Will only be used for side 1 of both socks and knitted in the round.

Round 1- *k1, YO, k2tog, k1, p1, k1, k2tog, YO, k3tog, YO, k1,p1, k1, YO,*
k1

Round 2 - knit in pattern (meaning you knit the stitches the way they are: knit the knit stitches and purl the purl stitches; knit YO through the back loop)

Round 3 - *k1, YO, k2tog, k1, p1, k1, k3tog, YO, k2, p1, k2, YO,* k1

Round 4 - knit in pattern

Round 5 - *k1, YO, k1, YO, k2tog, p1, k2tog, YO, k2tog, k1, p1, k1, k2tog, YO*, k1

Round 6 - knit in pattern

Round 7 - *k1, YO, k1, p1, k1, YO, k3tog, YO, k2tog, k1, p1, k1, k2tog, YO,*
k1

Round 8- knit in pattern

Round 9 - *k1, YO, k2, p1, k2, YO, k3tog, k1, p1, k1, k2tog, YO*, k1*

Round 10 - knit in pattern

Round 11 - k1, YO, k2tog, k1, p1, k2tog, k1, YO, k2tog, p1, k2tog, YO, k1,
YO*, k1

Round 12 - knit in pattern

Stocking Stitch

Will only be used for side 2 of both socks and knitted in the round. To knit in 'Stocking Stitch' continuously knit using the knit stitch every single round.

Boomerang Heel

To make a boomerang heel we will have to start knitting in rows and knit the heel for each sock individually. The heel will have 2 parts. Part 1: we will make a double stitch every row until we have created 6 double stitches at each side of the 8 middle heel stitches (meaning that we are creating double stitches TOWARDS the middle 8 stitches). We will then do the same for the second sock and go over both socks in a round twice. Part 2: (knitting each sock separately and in rows again) we will create double stitches again but this time we will also knit them thus moving AWAY from the 8 middle stitches of the sock heel. We will do this until every stitch at the side (6 on each side) will be doubled and knitted.

Rib Stitch

I am using a 1x1 Rib Stitch, which is *k1,p1*. This means we are knitting 1 stitch, then purling one stitch; we repeat this sequence for the whole Round.

Casting Off



I am using 'Jeny's Surprisingly Stretchy Bind Off' (JSSBO). To create this bind off: for a purl stitch - slip the first stitch of the round, YO normally (from back to front), purl the stitch, put the YO stitch over the purled stitch, then put the first stitch over the purled stitch. For a knit stitch - make a back YO (from front to back), knit the knit stitch, put the YO stitch over the knitted stitch, put the first stitch over the knitted stitch. For a video demonstration, check out my Youtube tutorial 'Jeny's Surprisingly Stretchy Bind Off' on my channel 'Knitting Ponchik' at <https://youtu.be/qqBHSaey5P8>

TIP 1: Please make a tension swatch to make sure your knitting has the same measurements as the pattern. To make a swatch knit a sample of more than 10cm/4" length and 10cm/4" width. Then measure it against the GAUGE given below by counting the stitches & rows in your 10cm x10cm sample.

TIP 2: blocking your work can do wonders for your finished project. I used steam blocking on these socks.

SIZE

length - 25 cm/9.8 inches

These socks fit a **UK size 7**. To make a larger sock knit more rounds of the “Main Stitch Pattern” (see ‘Knitting Instructions’ step 6) until you knit to the instep. Measure your sock to see if you need to knit more rounds. It is an opposite rule if you want a smaller sock - knit less rounds of the “Main Stitch Pattern” and knit until the instep.

If you want a wider sock add more stitches at the cast-on in groups of 2 (so cast on 22 instead of 20, or 24 for an even wider foot and so on). You can also knit more increase rounds (see ‘Knitting Instructions’ step 5) - the best thing about knitting toe up socks is that you can try them on for size at any time. Include them at the sides as ‘knit stitches’ during the rounds of the “Main Stitch Pattern”.

For a sock with less width, take away stitches in groups of 2 at the cast-on (for example instead of 20 for the cast-on make 18, or 16 for even smaller socks and so on). You can also make less increase rounds (see ‘Knitting Instructions’ step 5). You will have less stitches to knit at the sides during the rounds of the “Main Stitch Pattern” as the main stitch is 15 sts in total.

Size for the boomerang heel

The boomerang heel is split into 3 sets of stitches: 6sts at the side, 8sts middle for the heel, 6sts at the side. To increase the heel, add to the stitches at the sides (for example if you added 2 extra stitches at the cast-on, you can now have a group of 7-8-7 and so on). For a smaller heel the rule is the same (for example if you take away 2sts at the cast-on then your heel will be 5-8-5). For even larger or smaller sizes you can start increasing or decreasing the middle 8sts too.

GAUGE

Stocking Stitch

10cm/4" = 20 stitches

10cm/4" = 30 rows

Rib Stitch

10cm/4" = 20 stitches

10cm/4" = 30 rows

Main Stitch Pattern

10cm/4" = 25 stitches

10cm/4" = 30 rows

KNITTING INSTRUCTIONS

1. Using your first ball of yarn cast-on with 'Judy's Magic Cast-On' 20 stitches. Then take your second ball of yarn and cast-on another 20 stitches using 'Judy's Magic Cast-on' for the second sock. We will knit both socks at the same time until the heel.
2. Round 1 - knit all stitches (knit stitches that on the top needle normally, knit stitches that on the bottom needle through the back loop (ktbl) to untwist the cast-on stitches); place a marker
3. Round 2 - *k1, KFB, k all sts until the last 2 sts, KFB, k1* (you should have 2 increased stitches per sock = 24 stitches for each sock)
4. Round 3 - *k*
5. Repeat Rounds 2 & 3 x 4 more times (when completed, you should have a total of 5 increase rounds and have 40 sts for each sock)
6. "Main Stitch Pattern" (includes 'Magic Spikes Stitch' & 'Stocking Stitch')

Round 1 - (side 1) - *k3, 'Magic Spikes Stitch' Round 1, k2*; (side 2) - *k20* (Stocking Stitch)

Round 2 - knit in pattern

Round 3 - (side 1) - *k3, 'Magic Spikes Stitch' Round 3, k2*; (side 2) - *k20*

Round 4 - knit in pattern

Round 5 - (side 1) - *k3, 'Magic Spikes Stitch' Round 5, k2*; (side 2) - *k20*

Round 6 - knit in pattern

Round 7 - (side 1) - *k3, 'Magic Spikes Stitch' Round 7, k2*; (side 2) - *k20*

Round 8- knit in pattern

Round 9 - (side 1) - *k3, 'Magic Spikes Stitch' Round 9, k2*; (side 2) - *k20*

Round 10 - knit in pattern

Round 11 - (side 1) - *k3, 'Magic Spikes Stitch' Round 11, k2*; (side 2) - *k20*

Round 12 - knit in pattern

Repeat Rnd 1-12 x 4 times. On the 4th time finish with Rnd 6 (the piece will measure about 20cm from the toe).

If you want a sock with a longer foot then repeat more Rounds of the “Main Stitch Pattern” (knit until the instep - you can even try the sock at this point to see if you’ve measured correctly).

7. Boomerang Heel

Part 1 (we will knit half of the boomerang heel on one sock, then the other half on the second).

1). Knit side 1 Round 7 of the “Main Stitch Pattern” for both socks, but DO NOT knit side 2. We are stopping on side 2 sock 2 to knit half of the heel before coming to side 2 sock 1. We will knit in rows by turning the work.

2). Side 2 Sock 2

Row 1 - k20

Row 2 - make a double stitch, yarn to the front, purl the rest, turn

Row 3 - make a double stitch, yarn to the back, knit the rest until the double stitch made on row 1

Repeat Row 2 & 3 until you have 6 double stitches on each side and 8 normal stitches in the middle (6-8-6 = 20 stitches)

On your last knit row: make a double stitch, k8, then knit the double stitches on the left side by using k2tog.

3). Side 2 Sock 1 - knit in the exactly the same way as Side 2 Sock 2. On your last knit row: make a double stitch, k8, then knit the double stitches on the left side by using k2tog.

4). Knit Side 1 for both socks in “Main Stitch Pattern” Round 8;
Side 2 for both socks - *6 ktbl, k8, k6*

5). Knit Side 1 for both socks in “Main Stitch Pattern” Round 9;
Side 2 for both socks - *k20*

*Note: Steps 4 & 5 are knitted in a round.

6). Knit Side 1 for both socks in “Main Stitch Pattern” Round 10.

Part 2 (knitting in rows again)

1). Side 2 Sock 2

Row 1 - k6, k8 (middle heel stitches), k1, turn without knitting the rest

Row 2 - make a double stitch, p8, p1, turn without purling the rest

Row 3 - make a double stitch, k8, k2tog the double stitch, k1, turn without knitting the rest

Row 4 - make a double stitch, p8, p2tog the double stitch, p1, turn without purling the rest

Repeat Row 3 & 4 until every stitch at the sides of the middle 8 heel stitches have been made a double stitch (6 stitches at each side).

On your last double stitch (which will be a repeated Row 3) complete the row and move onto the second sock. We leave the double stitch on Sock 2 unknitted for now as we will be coming back to knit it later.

2). Side 2 Sock 1. Knit in the exactly the same way as Side 2 Sock 2. On your last double stitch (which will be a repeated Row 3) complete the row and leave the double stitch unknitted for now as we will be coming back to knit it later.

3.) Knitting in a round again and starting on “Main Stitch Pattern” Round 11 knit x2 rounds (Rnd 11 & 12). On Round 11 Side 2 knit the double stitches which we have left unknitted previously using ktbl.

*You can knit more rounds of the “Main Stitch Pattern” for a taller sock.

8. RIB STITCH (knitting both socks on both sides) - *k1,p1* = knit a total of 4 rounds (or more for a taller sock)

9. Bind off using ‘Jeny’s Surprisingly Stretchy Bind Off’



Thank you for downloading this pattern!

I would love to see your finished socks so please share a picture with me by tagging me @knitting_ponchik and using the hashtag #knittingponchik on Instagram.

CONTACT INFORMATION

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