escarpment cowl

by Kelly McClure
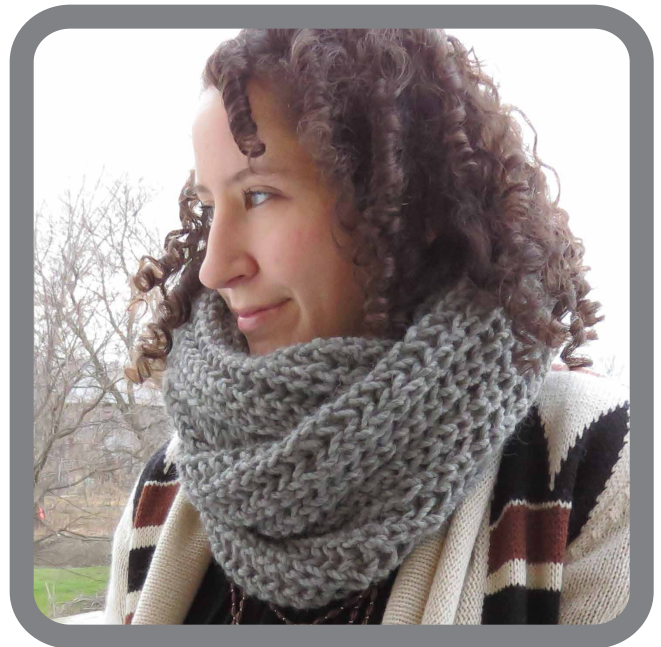
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Cuddle up in this snuggly, cozy cowl. It knits up in no time using a bulky fisherman's rib, which is a cousin of the brioche stitch. It looks great with any outfit. The fabric is stretchy and mushy making it extra comfy.

This cowl is knit flat using a provisional cast on - the ends are then grafted together. Stitches are slipped at the sides making a soft edge and clean lines. This cowl has one size and has a slightly visible seam.

The Technical Stuff

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Skill Level:
Rookie-**Apprentice**-Virtuoso-Genius

Skills: knit, purl, K1below (instructions given), provisional cast on, three needle bind off *or* grafting (Kitchener stitch)

Sizes: one size

Finished Measurements:
approx 31 cm wide and 76 cm folded in half lying flat (152 cm long)

Gauge:
approx 14 sts and 21 rows = 10 cm in St st on 6 mm as given on Berocco *Ultra Alpaca Chunk*y ball band

approx 11 sts and 16 rows = 10 cm in pattern stitch

Yarn: bulky alpaca-wool blend

Suggested Brand:
2 skeins Berocco *Ultra Alpaca Chunky*
50% alpaca, 50% wool
120 m per 100 g
shown in colour 7206 Light Gray

+ small amount of bulky yarn in CC for CO

Needles:
8 mm straight or circular
extra 8 mm needle of any kind for 3-needle BO
large crochet hook for provisional CO

or size needed to obtain gauge

Other Materials: tapestry needle or crochet hook

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Skill Level:
Rookie-**Apprentice**-Virtuoso-Genius

Skills: knit, purl, K1below (instructions given), provisional cast on, three needle bind off *or* grafting (Kitchener stitch)

Sizes: one size

Finished Measurements:
approx 12" wide and 30" folded in half lying flat (60" long)

Gauge:
approx 14 sts and 21 rows = 4" in St st on US 10 as given on Berocco *Ultra Alpaca Chunk*y ball band

approx 11 sts and 16 rows = 4" in pattern stitch

Yarn: bulky alpaca-wool blend

Suggested Brand:
2 skeins Berocco *Ultra Alpaca Chunky*
50% alpaca, 50% wool
130 yds per 3.5 oz
shown in color 7206 Light Grey

+ small amount of bulky yarn in CC for CO

Needles:
US 11 straight or circular
extra US 11 needle of any kind for 3-needle BO
large crochet hook for provisional CO

or size needed to obtain gauge

Other Materials: tapestry needle or crochet hook

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Stitches:

K1b = Knit one below

Insert your needle one row below the next st. It should look like a purl is facing you on the next st - insert your needle under this purl. When you move the stitch off the left needle, you should see the stitch "drop" to the next row and then sit there. This helps opens up the fabric.

Instructions:

With scrap yarn CO 30 sts with provisional method.

Cut scrap yarn. Attach main yarn.

Row 1: Knit.
Row 2: Sl 1 kwise, knit to last st, purl.

Row 3: Slip 1 kwise, *K1, K1b*, rep from * to * to last st, P1.

Rep Row 3 only until your cowl measures 152 cm/60" from CO.

Finishing:

Undo sts from provisional CO and place on your spare 8 mm needle. Make sure the cowl is lying flat with no twists, folded in half.

You can either loosely graft/Kitchener stitch the sts together or use a three-needle bind off; for a less visible seam, try grafting in rib (see Resources for extra help). Weave in ends.

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Resources:

Provisional Cast On
stitchdiva.com/tutorials/knitting/provisional-cast-on

Grafting/Kitchener Stitch
knitty.com/ISSUEsummer04/FEATtheresa-sum04.html

Grafting/ Kitchener Stitch in rib
verypink.com/2012/09/12/grafting-rib-stitches/

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approx = approximately

beg = beginning

BO = bind off

BOR = beginning of round

CC = contrasting colour

ch = chain

circ(s) = circular needle(s)

cn = cable needle

CO = cast on

cont = continue

dc = double crochet

dpn(s) = double pointed needle(s)

dec(s) = decrease(s)

foll = follow(ing)

hdc = half-double crochet

hk = hook

inc = increase

incl = including

K = knit

K2tog = knit two stitches together (decrease)

Kfb = knit into front and back of stitch (increase)

Ktbl = knit through back loop

kwise = knitwise

lp(s) = loop(s)

m = marker

M1 = make one (increase)

M1L = left slanting increase

M1R = right slanting increase

MC = main colour

P = purl

P2tog = purl two stitches together (decrease)

patt = pattern

pm = place marker

prev = previous

psso = passover

pu = pick up

pwise = purlwise

rem = remaining

rep = repeat

rev St st = reverse stockinette stitch

rnd(s) = round(s)

RS = right side

sc = single crochet

sk = skip

skp = slip one stitch, knit one stich, pass slipped stitch over knitted stitch (decrease)

sl = slip

sl1k = slip one stitch knitwise

sl1p = slip one stitch purlwise

sl m = slip marker

sp(s) = space(s)

ssk = slip, slip, knit two slipped stitches together (decrease)

sssk = slip, slip, slip, knit all slipped stitches together (double decrease)

st(s) = stitche(s)

St st = stockinette stitch / stocking stitch

tbl = through back loops

tog = together

WS = wrong side

wyib = with yarn in back

wyif = with yarn in front

YO = yarn over

**Hope you enjoyed the pattern.
Thanks from Bohoknits!**

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