

by Kelly McClure

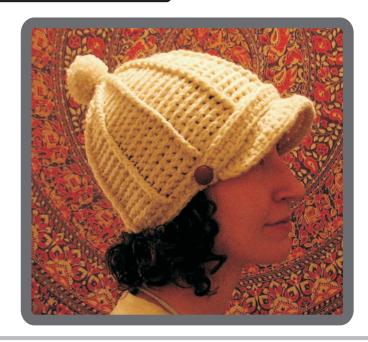
Kinesis Hat

Abbreviations

approx	approximately
beg	beginning
bet	between
ВО	bind off
CC	contrasting colour
ch	chain
cn	cable needle
CO	cast on
cont	continue
dc	double crochet
dpn(s)	double point needle(s)
dec(s)	decrease(s)
foll	follow(ing)
hdc	half double crochet
hk	hook
inc	increase
incl	including
K	knit
Kl f&b	knit 1 st in front and back
ktbl	knit through back loop
kwise	knitwise
K2tog	knit two together
lp(s)	loop(s)
Ml	make one
\mathbf{MlL}	make one left
MlR	make one right
MC	main colour
P	purl
patt	pattern
pm	place marker
psso	passover
pu	pick up
pwise	purlwise
rem	remaining
rep	repeat
rnd(s)	round(s)
RS	right side
SC	single crochet
sk	skip
sl m	slip marker
sp(s)	space(s)
ssk	slip, slip, k2 slipped sts tog
st(s) st st	stitch(es) stockinette stitch
tbl	through back loop
tog	together
WS	wrong side
***	WIDING SIGE

YO

varn over



This hat is a cute newsboy style with a shallow, curved brim and a darling little pom pom on top.

The pattern stitch is dense, warm and easy to work up. You probably won't be able to make just one. Instructions include a variation for a unisex reversible beanie.

Craft: crochet

Skill Level: Rookie-Apprentice-Virtuoso-Genius

Skills: ch, sc, bpdc (back post double crochet), fpdc (front post double crochet)

Sizes: adult small (medium, large)

Finished Measurements: fits approx. 20 (21.5, 23)"

circumference

Gauge: 12 sts and 12 rows = 4" in patt with 5 mm hook

Yarn: 100g, 220 yds (200 m) light worsted weight wool (you

may need a second ball for the largest size)

Suggested Brand: 1 skein Custom Woollen Mills 2-ply (dk) mule spinner 100% wool; or 1 skein Cascade 220 wool

(worsted)

Hook: 5 mm (US H/8) hook

Other Materials: 2 medium sized buttons (3/4"), tapestry

needle or teeny crochet hook

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Instructions:

Use a multiple of 6 sts + 1. See Stitches for help.

Beginning at the bottom of the hat, ch 60 (66, 72) sts + 1.

Join in the rnd with a sl st, being careful not to twist sts.

Rnd 1: Ch 2 (first sc), sc in each st to end. Sl st in 1st ch 2.

Rnd 2: Ch 3 (first dc), bpdc (back post double crochet) in next 4 sts, *fpdc (front post double crochet), bpdc in next 5 sts*, rep from * to * to last st, fpdc, sl st in first ch 3.

Rep Rnd 2 only 12 (12, 14) times or until hat measures approx. 4.5 (4.5, 5)" from beg. Work extra rows here to make hat deeper if you wish.

Dec Rnds:

Rnd 1: Ch 3, 2 bpdc, work back post dec over 2 sts (see *Stitches*), *fpdc, 3 bpdc, back post dec*, rep from * to * to last st, fpdc, sl st in first ch 3.

Rnd 2 (and all even rnds): work even in patt

Rnd 3: Ch 3, bpdc, back post dec, *fpdc, 2 bpdc, back post dec*, rep from * to * to last st, fpdc, sl st in first ch 3.

Rnd 5: Ch 3, back post dec, *fpdc, bpdc, back post dec*, rep from * to * to last st, fpdc, sl st in first ch 3.

Rnd 7: Ch 3, *fpdc, back post dec*, rep from * to * to last st, fpdc, sl st in first ch 3.

Rnd 9: Ch 3, fpdc, dec over bpdc and fpdc around.

Rnd 11: Do not ch 3. Work dec over fpdc around and finish with a sl st.



Stitches:

Back Post Double Crochet

YO, insert hook from back to front *around* st below, YO, pull up loop, (YO, pull through 2 loops on hook) twice.

Front Post Double Crochet

YO, insert hook from front to back *around* st below, YO, pull up loop, (YO, pull through 2 loops on hook) twice.

Back Post Decrease:

- 1. YO, insert around back post
- 2. YO, pull through (3 loops on hook)
- 3. insert hook around next back post
- 4. YO pull through (4 loops on hook)
- 5. YO, pull through 2 loops
- 6. YO pull through all 3 loops
- 1 stitch decreased.

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Brim:

Attach 2 strands of yarn at side of hat (so that seam is at back). Pull up loop.

Row 1: Sc in 26 (30) sts around hat, ch 1, turn.

Row 2: Skip first st, *2 sc in next st, 1 sc in next 3 sts* rep from * to * to last 2 sts, dec (skip one st), pick up last st and next st from edge of hat and slip st together, ch 1, turn.

Row 3: Rep Row 2.

Rnd 4-5: Read below before finishing. Skip first st, sc across to last 2 sts, dec, pick up last st and next st from edge of hat and slip st together, ch 1, turn.

Work an extra row if you don't think the brim is wide enough.

When Rnd 5 is complete, do not "ch 1, turn". Slip st to edge of hat as before and then continue to sc around entire hat. Join to other side of the brim with a sl st.

Band:

Ch 26 (30) sts. Do not turn. Sc in each st to end. Ch 4 (or enough to comfortably fit around your button). Turn 90 degrees clockwise. Sc in each st across to end. Ch 4. Sl st in first sc.

Cut yarn. Weave in all ends. Attach buttons to each side of the brim and attach band. Add a pom pom. Shape the brim with your fingers to round it out.

Variation:

Make up a reversible, unisex beanie by making your size (largest size for men) and omitting the finishing details (pom, brim and band). Simply attach a double strand of yarn to the bottom edge when the hat is complete and single crochet in every stitch for a nice edge.



When Kelly isn't busy knitting and designing, she is exploring the Rocky Mountains with her dog, or probably drinking tea.